

It's Time to Sit at His Feet

Luke 10:38–42

ONE THING IS NECESSARY

ONE QUESTION FOR EIGHT WEEKS

Is this worth the time it's costing me?

SCRIPTURE

“Now as they went on their way, Jesus entered a village. And a woman named Martha welcomed him into her house. And she had a sister called Mary, who sat at the Lord’s feet and listened to his teaching. But Martha was distracted with much serving. And she went up to him and said, ‘Lord, do you not care that my sister has left me to serve alone? Tell her then to help me.’ But the Lord answered her, ‘Martha, Martha, you are anxious and troubled about many things, but one thing is necessary. Mary has chosen the good portion, which will not be taken away from her.’”

LUKE 10:38–42 (ESV)

SERMON NOTES

1. Martha opened the door (Luke 10:38–40)

Martha _____ Jesus into her house.

Her problem wasn't sin. It was too many _____ things.

2. Busy turns into blame (Luke 10:40)

“Lord, do you not _____?” is what busy sounds like when it's tired.

A packed calendar and a quiet _____ can ask the very same question.

3. One thing is necessary (Luke 10:41–42)

Jesus said her name _____. That's love, not anger.

Martha had things. Things had _____.

Mary chose the good _____. No one can _____ it away.

4. Your seat is open (Luke 10:39)

Sitting alone isn't sitting at His feet. One is silence. One is _____.

At His feet you don't have to be _____. Just be there.

Mary didn't read. She _____. Listening counts.

MY NOTES

SIT WITH IT

Sit for ten minutes

Three times this week, sit for ten minutes. Same chair each time. Phone in another room.

Read or listen to Luke 10:38–42. Let someone read it to you if that's easier. Mary listened.

Be quiet and finish this sentence out loud: **"Lord, here's what I'm carrying..."** Then listen, and write down one thing you heard.

Sit	Where and when	What I carried in	What I heard
1			
2			
3			

Packed days? Ten minutes will cost you ten minutes, and the rest of the day may go differently. Quiet days? You may find you've never been as alone as you thought.

THE LADDER

Each week we hang one word on the ladder. Here's where we are.

1 · Oct 11	2 · Oct 18	3 · Oct 25	4 · Nov 1	5 · Nov 8	6 · Nov 15	7 · Nov 22	8 · Nov 29
LOOK	STOP	SIT					

New to the porch?

You haven't missed a thing. Every message in this series stands on its own, so jump in any Sunday. Watch live on YouTube, or catch up anytime.

PRAYER

Lord Jesus, You came into Martha's house, and You come into ours. Quiet our hurry, and quiet our loneliness. Forgive us for the times we've been so busy doing things for You that we missed being with You. Teach us to sit at Your feet and listen, and remind us that we don't have to be useful to be loved. Amen.

No matter the distance, you're not alone. The porch light's on, and there's always room on the porch.

